

PSHCE

Personal, Social, Health, Citizenship and Economic (PSHCE) education is a valued and important part of the Ermysted's curriculum.

As well as the specific provision set out below, PSHCE is embedded in the broader school curriculum and the general ethos of the School. Through this approach, the School aims to support the pupils' spiritual, moral, social, and cultural development, and ensure pupils understand and engage with fundamental British values such as democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

We seek to develop shared values which will allow our pupils to participate fully in society and contribute positively to life in Britain.

PSHCE Provision

- Each half-term will have a specific focus, for example, Anti-Bullying.
- Each week there will be a Whole School 'Thought for the Week', which will provide the context for all PSHCE provision that week.
- All year groups will have an assembly programme linked to the 'Thought for the Week', delivered by the Leadership Team, the Heads of School, staff and pupils, or an external speaker.
- In Years 7, 8, 9, 10 and 11, PSHCE will be delivered in timetabled lessons according to a centrally designed and coordinated scheme of learning.
- In Years 12 and 13, students will receive regular lectures on a host of relevant topics.
- In addition to this, all pupils will receive further PSHCE education in form time. This will include as a minimum two 20-minute sessions each week.

Relationships and Sex Education (RSE) and Health Education

Overview of themes covered in each term. See also the RSE Policy on the School's website.

	Year 7	Year 8	Year 9	Year 10	Year 11
Term 1	Consider the need for self-care and learning to respect our bodies whilst understanding natural development through puberty and menstruation.	<p>Considering what makes a healthy, respectful friendships, leading to all relationships, including discussions around the LGBT community.</p> <p>Discuss the law and the meaning of the term consent.</p>	<p>Discuss the availability of sexually explicit materials online and through social media, to include pornography and the sharing and viewing of indecent images of children.</p> <p>Being SAFE when searching online.</p>	<p>What constitutes a marriage, considering the roles and responsibilities of parents with respect to raising children, including the characteristics of successful parenting.</p> <p>Understand the laws associated with consensual sex and rape.</p>	<p>Being SAFE in relation to how we are protected by the law.</p> <p>Discuss the concepts of and laws relating to rape, forced marriage, honour based violence and FGM.</p>
Term 2	Discuss what is meant when referring to online safety and warn against the viewing of sexually explicit materials e.g. pornography.	Discuss the need in society of respect for others, the term "grooming" and how this may come about, considering case study evidence.	A scientific approach to sexual health and contraception, considering the laws surrounding underage sex, consent and abortion.	<p>Consider what may constitute an unhealthy relationship and the effects of stalking and harassment.</p> <p>Discuss the importance of online safety when considering gambling and debt accumulation.</p>	Consider the need for self-care and learning to respect our bodies, the need for a healthy diet and the effects of eating disorders for all genders, using case study evidence.
Term 3	<p>Consider the benefits and importance that physical activity has on contributing to having a healthy mind and body.</p> <p>The physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.</p>	<p>Maintaining physical health and fitness.</p> <p>How contributions to society can be made through blood, organ and stem cell donations and the laws surrounding this.</p>	<p>How poor diet can affect health and life expectancy. Have a knowledge of how tooth decay can be reduced.</p> <p>Become aware of what cancer is and how treatments have developed over the years.</p> <p>How cancer charities fund research.</p>	<p>Discuss menstruation, considering hormone balance and how these can affect behaviour</p> <p>To include in extreme cases intersex athletes and the evolution of sporting rules and the appeals process.</p>	Consider drug abuse and discuss case study evidence showing how substance abuse could affect mental health, in the short, medium and long term.