



PSHCE and RSE Teaching Plan

Delivered via **Form Time** (FT) and timetabled **Integrated Studies** lessons (IS)

Year 10

Week 1 FT	Form Business
Week 1 IS	Differences between individuals
Week 2 FT	Types of Community
Week 2 IS	Differences between individuals
Week 3 FT	Service Industry Jobs
Week 3 IS	Differences between individuals
Week 4 FT	Homophobic bullying, Nigel Owens
Week 4 IS	Differences between individuals
Week 5 FT	Bullied to Billionaire
Week 5 IS	Transgender - Robert Millar/Pippa York
Week 6 FT	Life stories behind organ donation
Week 6 IS	Transgender - Robert Millar/Pippa York
Week 7 FT	Core subject revision methods
Week 7 IS	English Law - protection us from human behaviour (lesson 1 of 2)
Week 8 FT	Review week
Week 8 IS	English Law - protection us from human behaviour (lesson 1 of 2)
Week 9 FT	Studying efficiently
Week 9 IS	English Law - protection us from human behaviour (lesson 2 of 2)
Week 10 FT	Substance abuse - drug classification
Week 10 IS	English Law - protection us from human behaviour (lesson 2 of 2)
Week 11 FT	Motivation, determination and habit forming.
Week 11 IS	Careers
Week 12 FT	Substance abuse - E cigarettes and the NHS
Week 12 IS	Careers
Week 13 FT	Risks associated with vaping - E cigarettes
Week 13 IS	Careers
Week 14 FT	Negativity bias, beating exam stress and anxiety
Week 14 IS	Careers

Week 15 FT	Fundamental British Values - linked to New Year's Resolutions
Week 15 IS	FBV and how UK Laws are made
Week 16 FT	The Respect Programme 1 - Stereotyping
Week 16 IS	FBV and how UK Laws are made
Week 17 FT	The Respect Programme 1 - Challenging Stereotyping
Week 17 IS	FBV and how UK Laws are made
Week 18 FT	Eleanor Roosevelt's fight for Human Rights
Week 18 IS	The Respect Programme 2 - Multicultural Britain
Week 19 FT	Crash Course Philosophy - What does discrimination really mean?
Week 19 IS	The Respect Programme 2 - Multicultural Britain
Week 20 FT	Student Mental Health Week
Week 20 IS	What impact does the Universal Declaration have on society?
Week 21 FT	Internet Safety - Exploring online identity (3)
Week 21 IS	What impact does the Universal Declaration have on society?
Week 22 FT	The cost of national and international disasters
Week 22 IS	Democracy, Justice and Legal Equality
Week 23 FT	What is justice and the philosophy being justice?
Week 23 IS	Democracy, Justice and Legal Equality
Week 24 FT	Run, Hide, Tell and gun crime
Week 24 IS	LGBT+, democracy, justice and legal equality
Week 25 FT	Planning to minimise the impact of national disasters
Week 25 IS	LGBT+, democracy, justice and legal equality
Week 26 FT	Have faith when nobody believes in you
Week 26 IS	Unhealthy relationships, stalking and harassment
Week 27 FT	Solutions, not sides; conflicts in Israel and Palestine
Week 27 IS	Unhealthy relationships, stalking and harassment
Week 28 FT	Summer holiday work: UK living wage, payslips
Week 28 IS	Menstruation and how hormone imbalance can change behaviour
Week 29 FT	Intersex athletes and Olympic opinion...
Week 29 IS	Menstruation and how hormone imbalance can change behaviour
Week 30 FT	Financial literacy - borrowing money
Week 30 IS	Misuse of prescription drugs

Week 31 FT	Case studies - experiences of drug addiction
Week 31 IS	Misuse of prescription drugs
Week 32 FT	Preparing a revision timetable
Week 32 IS	What is an economy?
Week 33 FT	The risks associated with taking performance enhancing drugs
Week 33 IS	What is an economy?
Week 34 FT	Looking after your mental health
Week 34 IS	Making informed decisions around illegal drug use
Week 35 FT	Exam Revision
Week 35 IS	Making informed decisions around illegal drug use
Week 36 FT	Consolidation (11 abilities)
Week 36 IS	Peer pressure, teenage drug dealing
Week 37 FT	Negative relationships
Week 37 IS	Peer pressure, teenage drug dealing
Week 38 FT	Business and enterprise
Week 38 IS	The art of the mind
Week 39 FT	Alzheimer's disease
Week 39 IS	The art of the mind