



PSHCE and RSE Teaching Plan

Delivered via **Form Time (FT)** and timetabled **Integrated Studies** lessons (IS)

Year 8

Week 1 FT	Form Business
Week 1 IS	Prejudice and tolerance
Week 2 FT	Belonging
Week 2 IS	Prejudice and Tolerance
Week 3 FT	Local community opportunities
Week 3 IS	Crossing the line: Cyberbullying
Week 4 FT	Coming out; mental health; Tomas Hitzlsperger
Week 4 IS	Crossing the line: Cyberbullying
Week 5 FT	Basic First Aid, who to call...
Week 5 IS	Consequences, impact and statistics of bullying.
Week 6 FT	Introduction to organ donation and transplantation
Week 6 IS	Consequences, impact and statistics of bullying.
Week 7 FT	Developing growth mindset - train your brain
Week 7 IS	"Consent" in English Law (Lesson 1 of 2)
Week 8 FT	Review week
Week 8 IS	"Consent" in English Law (Lesson 1 of 2)
Week 9 FT	Making choices
Week 9 IS	"Consent" in English Law (Lesson 2 of 2)
Week 10 FT	Types of learners - developing memory skills
Week 10 IS	"Consent" in English Law (Lesson 2 of 2)
Week 11 FT	Determination to succeed - Billy Monger
Week 11 IS	What is a budget - income and expenditure
Week 12 FT	Promoting emotional well-being (KS3 PP Lesson 2)
Week 12 IS	What is a budget - income and expenditure
Week 13 FT	All successes however small should be celebrated....
Week 13 IS	Breaking the cycle of anxiety...
Week 14 FT	Discussing the impact on society of climate change
Week 14 IS	Breaking the cycle of anxiety...

Week 15 FT	Fundamental British Values - linked to New Year's Resolutions
Week 15 IS	What is a Democracy?
Week 16 FT	Our Government provides....
Week 16 IS	What is a Democracy?
Week 17 FT	Our Government provides....
Week 17 IS	What is a Democracy?
Week 18 FT	Discuss the meaning of Human Rights
Week 18 IS	What does Being British mean?
Week 19 FT	Dr James Smith. What is Genocide? Podcast
Week 19 IS	What does Being British mean?
Week 20 FT	Student Mental Health Week
Week 20 IS	Being British - Extremism?
Week 21 FT	Internet Safety - Exploring online identity (1)
Week 21 IS	Being British - Extremism?
Week 22 FT	Planning for major public events
Week 22 IS	Run, Hide, Tell
Week 23 FT	Why do we need the rule of Law?
Week 23 IS	Run, Hide, Tell
Week 24 FT	Considering how you like to learn
Week 24 IS	Developing planning skills.... minimising stress
Week 25 FT	Planning for major public events
Week 25 IS	Developing planning skills.... minimising stress
Week 26 FT	Training your thinking - Islamophobia discussion
Week 26 IS	Online grooming
Week 27 FT	Countries rich in resources, yet people live in poverty
Week 27 IS	Online grooming
Week 28 FT	What is a budget?
Week 28 IS	Maintaining physical and mental health
Week 29 FT	What is a budget - getting financial advice
Week 29 IS	Maintaining physical and mental health
Week 30 FT	Enterprise in business, cash flow, risk management
Week 30 IS	Physical health and body image - protein supplements V balanced diet

Week 31 FT	What is an economy; economic downturn?
Week 31 IS	Physical health and body image - protein supplements V balanced diet
Week 32 FT	What happens in a public enquiry following a national disaster?
Week 32 IS	How to prepare effectively for tests
Week 33 FT	Academic subject/test mark reflection
Week 33 IS	How to prepare effectively for tests
Week 34 FT	What does the job of a social worker involve?
Week 34 IS	The stress of being young carer...
Week 35 FT	Why donate blood?
Week 35 IS	The stress of being young carer...
Week 36 FT	Consolidation (11 abilities)
Week 36 IS	What is pornography, sexual consent, sharing images, external validation.
Week 37 FT	How do others feel?
Week 37 IS	What is pornography, sexual consent, sharing images, external validation.
Week 38 FT	Growth mindset reminder
Week 38 IS	Individuals and communities
Week 39 FT	The British heart foundation, strokes, heart attacks
Week 39 IS	Individuals and communities