



## PSHCE and RSE Teaching Plan

Delivered via **Form Time** (FT) and timetabled **Integrated Studies** lessons (IS)

### Year 9

<b>Week 1 FT</b>	Form Business
<b>Week 1 IS</b>	Prejudice and tolerance
<b>Week 2 FT</b>	Voice and Democracy
<b>Week 2 IS</b>	Prejudice and Tolerance
<b>Week 3 FT</b>	Charities
<b>Week 3 IS</b>	Prejudice and Tolerance
<b>Week 4 FT</b>	A stigma; coming out, HIV, Gareth Thomas
<b>Week 4 IS</b>	Prejudice and Tolerance
<b>Week 5 FT</b>	First Aid - Not breathing; heart attack?
<b>Week 5 IS</b>	Prejudice and Tolerance
<b>Week 6 FT</b>	What is the purpose of the British Red Cross
<b>Week 6 IS</b>	Prejudice and Tolerance
<b>Week 7 FT</b>	Developing growth mindset, resilience and challenging your plastic brain
<b>Week 7 IS</b>	SAFE when searching online - causes and effects of cybercrime
<b>Week 8 FT</b>	Review week
<b>Week 8 IS</b>	SAFE when searching online - causes and effects of cybercrime
<b>Week 9 FT</b>	Types of learners - memory skill tester methods
<b>Week 9 IS</b>	Staying in control of your money
<b>Week 10 FT</b>	Learning styles? Mixed method recall and understanding?
<b>Week 10 IS</b>	Staying in control of your money
<b>Week 11 FT</b>	How to develop self determination
<b>Week 11 IS</b>	Careers
<b>Week 12 FT</b>	Digital resilience and mental health (KS3 PP Lesson 3)
<b>Week 12 IS</b>	Careers
<b>Week 13 FT</b>	Attitudes to mental health (KS3 PP Lesson 5)
<b>Week 13 IS</b>	Careers
<b>Week 14 FT</b>	Optimising performance of the human mind
<b>Week 14 IS</b>	Careers

<b>Week 15 FT</b>	Fundamental British Values - linked to New Year's Resolutions
<b>Week 15 IS</b>	The British Justice System
<b>Week 16 FT</b>	Our Government Provides...
<b>Week 16 IS</b>	The British Justice System
<b>Week 17 FT</b>	Our Government Provides...
<b>Week 17 IS</b>	The British Justice System - Common Law V Civil Law
<b>Week 18 FT</b>	Is there a relationship between FBV's and Human Rights?
<b>Week 18 IS</b>	Who is British?
<b>Week 19 FT</b>	Jane Elliott's - Blue Eyes/Brown Eyes Experiment
<b>Week 19 IS</b>	Who is British?
<b>Week 20 FT</b>	Student Mental Health Week
<b>Week 20 IS</b>	Identity and Self Esteem
<b>Week 21 FT</b>	Internet Safety - Exploring online identity (2)
<b>Week 21 IS</b>	Identity and Self Esteem
<b>Week 22 FT</b>	Democracy, Justice and Legal Equality
<b>Week 22 IS</b>	Human Rights at home - Dignitas
<b>Week 23 FT</b>	What is justice and the philosophy being justice?
<b>Week 23 IS</b>	Human Rights at home - Dignitas
<b>Week 24 FT</b>	Run, Hide, Tell and knife crime
<b>Week 24 IS</b>	County Lines and safeguarding in school
<b>Week 25 FT</b>	Public events...controlling the controllable
<b>Week 25 IS</b>	County Lines and safeguarding in school
<b>Week 26 FT</b>	The wisdom of a third grade drop-out; stereotypes...is Islamophobia real?
<b>Week 26 IS</b>	Sexual Health
<b>Week 27 FT</b>	World conflicts
<b>Week 27 IS</b>	Sexual Health
<b>Week 28 FT</b>	Made of money? Debt? Credit?
<b>Week 28 IS</b>	Staying in control of your money
<b>Week 29 FT</b>	Saving your cash
<b>Week 29 IS</b>	Staying in control of your money
<b>Week 30 FT</b>	Gambling habits, needs and rehabilitation
<b>Week 30 IS</b>	What is a business; suppliers, customers, markets

<b>Week 31 FT</b>	Online gaming and gambling
<b>Week 31 IS</b>	What is a business; suppliers, customers, markets
<b>Week 32 FT</b>	Taking risks?
<b>Week 32 IS</b>	Exam technique and answering exam questions
<b>Week 33 FT</b>	Body image and performance enhancing drugs
<b>Week 33 IS</b>	Exam technique and answering exam questions
<b>Week 34 FT</b>	Test result reflection
<b>Week 34 IS</b>	Waking up to the importance of sleep
<b>Week 35 FT</b>	The effects of a poor diet - anorexia in boys
<b>Week 35 IS</b>	Waking up to the importance of sleep
<b>Week 36 FT</b>	Consolidation (11 abilities)
<b>Week 36 IS</b>	Talking mental health
<b>Week 37 FT</b>	How relationships affect lives
<b>Week 37 IS</b>	Talking mental health
<b>Week 38 FT</b>	Rape, consent and male attitudes towards sex
<b>Week 38 IS</b>	The art of your mind
<b>Week 39 FT</b>	Rob Burrow - motor neurone disease
<b>Week 39 IS</b>	The art of your mind