



Support Services for families affected by someone else's substance misuse

Adfam York and North Yorkshire Service

Are you or someone you work with affected by a loved ones substance misuse?

Adfam York and North Yorkshire offers great support:

1-2-1 Support

- Via phone, email, virtually or face to face.

Peer Support Groups

- By bringing you together we can reduce isolation and share our experiences, successes and challenges.

Workshops

- Aimed at providing families with the essential skills.

Online Support Platform

- Families Social (familiessocial.org) is an online peer support platform with information and advice for families to access 24 hours a day. You can post a question, join in with discussions and meet people in a similar situation. Are you affected by a loved one's substance misuse? The York and North Yorkshire Service offer's great support: 1

For referrals and more information contact **Rebecca** at: r.scurr@adfam.org.uk, or visit: adfam.org.uk/yorks



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