



PSHCE and RSE Teaching Plan

Delivered via **Form Time (FT)** and a timetabled **Lecture Programme (LP)**

Year 11

Autumn Term

Week 1 FT	Introductions and form business
Week 1 LP	Private Study
Week 2 FT	Dragon's Den
Week 2 LP	Life in the Sixth Form
Week 3 FT	Reflecting on Year 11 and target setting
Week 3 LP	Private Study
Week 4 FT	Introduction to Unifrog
Week 4 LP	Northumbria Uni: Resilience
Week 5 FT	Making the most of Sixth Form – study skills
Week 5 LP	Private Study
Week 6 FT	Making the most of Sixth Form – extra-curricular
Week 6 LP	Citizens Advice: employee rights
Week 7 FT	Anti-bullying
Week 7 LP	Private Study

Half Term

Week 8 FT	Starting salaries and deductions
Week 8 LP	Northumbria Uni: Why university?
Week 9 FT	Considering your living arrangements
Week 9 LP	Private Study
Week 10 FT	Weekly food budget
Week 10 LP	RSE 1/4 – SVSH Survey Review & Teenage relationship abuse and health relationships
Week 11 FT	Luxury items and their costs
Week 11 LP	Private Study
Week 12 FT	Learning to drive
Week 12 LP	RSE 2/4 – Sharing sexual images
Week 13 FT	The cost of learning to drive
Week 13 LP	Private Study
Week 14 FT	LGBTQ+ issues

Week 14 LP Christmas Spectacular – Final assembly

Spring Term

Week 15 FT Credit cards

Week 15 LP Private Study

Week 16 FT Responsible borrowing

Week 16 LP The British legal system

Week 17 FT Responsible sexual activity

Week 17 LP Private Study

Week 18 FT Managing mental health

Week 18 LP Post-18 options: STEM

Week 19 FT Politics

Week 19 LP Private Study

Week 20 FT Drug use

Week 20 LP RSE 3/4 – Consent and the law

Week 21 FT Travelling safely

Week 21 LP Private Study

Half Term

Week 22 FT Wellness

Week 22 LP TBC

Week 23 FT Sustainable living

Week 23 LP Private Study

Week 24 FT Pregnancy

Week 24 LP Post-18 options: Apprenticeships

Week 25 FT Getting married

Week 25 LP Private Study

Week 26 FT Crime and your behaviour

Week 26 LP RSE 4/4 – Sexual health

Week 27 FT Mock exam preparation

Week 27 LP Private Study

Summer Term

Week 28 FT Mock exam preparation

Week 28 LP Mock exams

Week 29 FT Mock exam review and target setting

Week 29 LP Private Study

Week 30 FT	Cultural diversity
Week 30 LP	Private Study
Week 31 FT	Critical thinking: the media
Week 31 LP	The role of a Prefect
Week 32 FT	Mental Health
Week 32 LP	Private Study

Half Term

Week 33 FT	Writing a personal statement
Week 33 LP	Post-18 options: technical qualifications
Week 34 FT	Life in Year 13 – goal setting
Week 34 LP	Private Study
Week 35 FT	Body Image
Week 35 LP	TBC
Week 36 FT	Preparing for employment (work experience)
Week 36 LP	Private Study
Week 37 FT	Work Experience
Week 37 LP	Work Experience
Week 38 FT	Enrichment week
Week 38 LP	Enrichment week
Week 39 FT	Year review
Week 39 LP	Year review – Final assembly