



# “Raising Yorkshire Puddings”

## Parent Support Group

### About Us:


The Parent Support Group is an online support group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic. For an invite, please email: [mhstparentsupport@bdct.onmicrosoft.com](mailto:mhstparentsupport@bdct.onmicrosoft.com)


**Next Parents Support Group details: Tuesday 17<sup>th</sup> January 2023**  
**Topic: “Supporting your child: Making sense of the senses”**


BRADFORD AND CRAVEN  
trailblazer **NHS**

## Raising Yorkshire Puddings


Parent Support Group

  
Tuesday  
17th Jan


  
10:30am  
or 7:30pm

  
Zoom  
Email the address  
below for the link

**THIS MONTHS TOPIC:  
SUPPORTING YOUR CHILD: MAKING SENSE OF THE  
SENSES**



In this month's Parent Support Group we will be looking at senses. We will be covering what senses are and how these may affect our thoughts, emotions and behaviours

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