



PSHCE Programme Years 12-13
2023-24

For further information on the content of the programme below, please contact the school on admin@ermysteds.uk.

Week 1	Topic	Theme
Year 12	Transition to Sixth Form	Looking Forward
Year 13	Transition to Year 13 - What to Expect	Looking Forward

Week 2	Topic	Theme
Year 12	Time-management Part 1	Good habits
Year 13	Sleep	Healthy Lifestyles

Week 3	Topic	Theme
Year 12	What is a healthy lifestyle?	Healthy Lifestyles
Year 13	Budgeting	Personal Finance

Week 4	Topic	Theme
Year 12	Positive Work/Life Balance	Healthy Lifestyles
Year 13	Sexual Harassment	Responsible Citizens

Week 5	Topic	Theme
Year 12	Healthy Diets	Healthy Lifestyles
Year 13	Respecting cultural differences	Responsible Citizens

Week 6	Topic	Theme
Year 12	Staying safe online and online law	Online Life
Year 13	Pensions, Taxation and National Insurance	Personal Finance

Week 7	Topic	Theme
Year 12	Being responsible on a night out	Responsible Citizens
Year 13	Fire Safety	Safety

Week 8	Topic	Theme
Year 12	Relationships and Risk Online	Online Life
Year 13	Time-management Part 3	Good habits

Week 9	Topic	Theme
Year 12	Positive Mental Health	Healthy Lifestyles
Year 13	Addiction Part 3	Responsible Citizens

Week 10	Topic	Theme
Year 12	Driving and its associated costs	Personal Finance
Year 13	Fake News and the Media	Online Life

Week 11	Topic	Theme
Year 12	Extra-curricular/Hobbies	Good habits
Year 13	Responsible borrowing	Personal Finance

Week 12	Topic	Theme
Year 12	Banking	Personal Finance
Year 13	Making a will and life insurance	Personal Finance

Week 13	Topic	Theme
Year 12	Regular exercise	Healthy Lifestyles
Year 13	Stress Part 3	Healthy Lifestyles

Week 14	Topic	Theme
Year 12	Discrimination	Responsible Citizens
Year 13	Y13 EXAM WEEK (PROVISIONAL)	No PSHE

Week 15	Topic	Theme
Year 12	Road Safety - Driving	Safety
Year 13	Materialism	Personal Finance

Week 16	Topic	Theme
Year 12	Media distortions of body image	Online Life
Year 13	Travelling safely	Safety

Week 17	Topic	Theme
Year 12	Sexual Health	Responsible Citizens
Year 13	Renting and buying a house	Personal Finance

Week 18	Topic	Theme
Year 12	Starting salaries and deductions	Personal Finance
Year 13	Facing bereavement	Healthy Lifestyles

Week 19	Topic	Theme
Year 12	Addiction Part 1	Responsible Citizens
Year 13	Global Issues	Responsible Citizens

Week 20	Topic	Theme
Year 12	University Finance	Personal Finance
Year 13	Registering at the doctor/dentist	Healthy Lifestyles
Week 21	Topic	Theme
Year 12	County Lines	Responsible Citizens
Year 13	"Giving Back"	Responsible Citizens

Week 22	Topic	Theme
Year 12	Social Health Online	Online Life
Year 13	Leaving school and the next phase of life	Looking Forward

Week 23	Topic	Theme
Year 12	Time-management Part 2	Good habits
Year 13	Private Study	No PSHCE

Week 24	Topic	Theme
Year 12	Stress Part 1	Healthy Lifestyles
Year 13	Private Study	No PSHCE

Week 25	Topic	Theme
Year 12	Stress Part 2	Healthy Lifestyles
Year 13	Private Study	No PSHCE

Week 26	Topic	Theme
Year 12	The Legal System	Understanding the Law
Year 13	Private Study	No PSHCE

Week 27	Topic	Theme
Year 12	Y12 EXAM WEEK (PROVISIONAL)	No PSHCE
Year 13	Private Study	No PSHCE

Week 28	Topic	Theme
Year 12	Critical Thinking	Good Habits
Year 13	Private Study	No PSHCE

Week 29	Topic	Theme
Year 12	Road Safety - Cycling	Safety
Year 13	Study Leave	No PSHCE

Week 30	Topic	Theme
Year 12	Addiction Part 2	Responsible Citizens
Year 13	Study Leave	No PSHCE

Week 31	Topic	Theme
Year 12	Bullying	Responsible Citizens
Year 13	Study Leave	No PSHCE

Week 32	Topic	Theme
Year 12	Politics: Voting and Legislative System	Understanding the Law
Year 13	Study Leave	No PSHCE

Week 33	Topic	Theme
Year 12	Workplace Law Part 1	Understanding the Law
Year 13	Study Leave	No PSHCE

Week 34	Topic	Theme
Year 12	Workplace Law Part 2	Understanding the Law
Year 13	Study Leave	No PSHCE

Week 35	Topic	Theme
Year 12	Consent	Responsible Citizens
Year 13	Study Leave	No PSHCE

Week 36	Topic	Theme
Year 12	Skills for the Workplace	Workplace Practice
Year 13	Study Leave	No PSHCE

Week 37	Topic	Theme
Year 12	Getting the most out of Work Exp week	Workplace Practice
Year 13	Study Leave	No PSHCE

Week 38	Topic	Theme
Year 12	WORK EXPERIENCE WEEK	No PSHCE
Year 13	Study Leave	No PSHCE

Week 39	Topic	Theme
Year 12	Reflecting on Year 12	Looking Forward
Year 13	Study Leave	No PSHCE